

During this terrible and destructive hurricane season, our hearts are with Asheville, the Gulf Coast, and other impacted communities.

If you're like me, your mind might go to this famous quote by Fred Rogers from television's Mister Rogers' Neighborhood. "When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping.'"

Americans everywhere are reaching out a hand of help and reassurance through charitable and humanitarian efforts. I've compiled a few resources for you to check out:

**The American Red Cross** provides shelters to affected areas and helps people reconnect with families and loved ones. The Red Cross also runs blood drives nationwide year-round.

**World Central Kitchen** has offered tens of thousands of free meals to those in crisis. The charity, founded by chef José Andrés, will set up kitchens in affected areas to feed those affected by the extreme weather events.

The **North Carolina Relief Fund**, the **Florida Disaster Fund**, the **One SC Fund** of South Carolina, and that state's **Emergency Management Division** are local efforts helping with disaster relief. Other organizations include the **Department of Emergency Management** of Virginia and the **Emergency Management and Homeland Security Agency** in Georgia.

I hope you will join me in wishing a fast and thorough recovery to each of the affected areas, and I send my best wishes to those of you with family and loved ones who have been affected.



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